



**WAIVER, RELEASE & REGISTRATION FORM**

NAME: \_\_\_\_\_  
EMAIL: \_\_\_\_\_  
STREET: \_\_\_\_\_  
CITY: \_\_\_\_\_ PC: \_\_\_\_\_  
CELL: \_\_\_\_\_ HOME: \_\_\_\_\_  
DOB: DAY \_\_\_\_ MONTH \_\_\_\_ YEAR \_\_\_\_ GENDER F \_\_ M \_\_  
HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

**EMERGENCY CONTACT INFO**

NAME: \_\_\_\_\_  
PHONE: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

ANY INJURIES, ILLNESS OR OTHER CONCERN WE SHOULD KNOW ABOUT?  
LIST: \_\_\_\_\_

**I (PARTICIPANT NAME) \_\_\_\_\_, AGREE TO THE FOLLOWING:**

**AWARENESS OF RISK**

- I acknowledge that the instruction offered by FoxDen Yoga Inc.\* is limited to that of instruction in basic yoga and fitness training.
- I acknowledge that there are risks associated with participation in the activities and programs offered or sponsored by FoxDen Yoga Inc. I have informed myself and understand the risks associated with my participation in these activities and programs and (where applicable) my use of the facilities, including the risk of personal injury, and I freely accept these risks.
- I understand that I am free to withdraw from or reduce my participation in the activities and programs offered or sponsored by FoxDen Yoga Inc. at any time.
- I am not aware of any medical condition that would affect my ability to participate in the activities and programs offered or sponsored by FoxDen Yoga Inc.. If I have any concerns about my medical condition. I will consult with my physician before participating in the activities and programs offered or sponsored by FoxDen Yoga Inc.

**RELEASE AND WAIVER**

In consideration of the acceptance of my registration for the activities and programs offered or sponsored by FoxDen Yoga Inc., I hereby for myself, my heirs, executors, administrators, or any others who may claim on my behalf, promise not to sue, and hereby waive, release and discharge FoxDen Yoga Inc. and anyone acting for or on its behalf, from any and all claims of liability for personal injury, illness, loss of life or property damage of any kind or nature, arising out of or sustained in the course of my participation in the activities and programs offered or sponsored by FoxDen Yoga Inc. or attending Fox Den Yoga related events both on and off of the FoxDen Yoga Inc. Premises. This Release and Waiver applies to all claims, foreseen or unforeseen, including negligence and breach of statutory or other duty of care (including that owed under The Occupier's Liability Act).

I agree that FoxDen Yoga Inc. is not responsible in the event of loss, damage, unauthorized use, theft, or injury resulting from and to any personal property that I bring onto the premises.

I agree that this Agreement and Release and Waiver are intended to be as broad and inclusive as permitted by law. Any provision found to be invalid or unenforceable by a court shall not affect the validity or enforceability of any other provision.

I have read this document carefully and acknowledge that I have complete knowledge and understanding of its contents. I recognize that by signing this document I am waiving certain legal rights, including the right to sue. I am signing this document voluntarily.

*\* FoxDen Yoga Inc. means FoxDen Yoga Inc. its officers, directors, shareholders, employees, contractors and instructors.*

**PARTICIPANT SIGNATURE:** \_\_\_\_\_

**GUARDIAN NAME AND SIGNATURE IF UNDER 18 YEARS OF AGE**

**PRINT NAME:** \_\_\_\_\_ **SIGNATURE:** \_\_\_\_\_